

THE CELLAR
N.E.W.S.
YOU CAN USE!



“Decide on three things at the start: the rules of the game, the stakes, and the quitting time” - unknown



N

What does Self actualization mean to you during this time in your life? Do you take yourself seriously? What would you rather be doing? What are you doing to move forward?

E

When you are purpose driven with a valid vision. It suggests that you accept accountability for your ideas, actions, and consequences. This is how you become unstoppable.

W

Is there something you need to be doing that you've been avoiding? Is there a mindset or destructive thoughts you need to get rid of? How can you bring more happiness, joy, and love into your life?

S

Cultivating Self awareness has so many benefits. By putting ourselves in check we are provided freedom from old pain, bitterness, regrets, and the other little boogars that hold us in our south node.



N.E.W.S.

NORTH

What wisdom is needed to self actualiz?.What are you ready to embrace or what will mature you?

To-do!

EAST

Your perceived Destiny /destination that has to do with your life-purpose. (ie your gift to the world)

In progress!

WEST

A part of you that needs to be released so that you may find new meaning in life.

Done!

SOUTH

Old wounds or stories that are a part of the old you. Shedding time!

Approved!

When it's approved you've graudtaedm darling! Celebrate!